

# mRNA Expression Levels of NKp30, NKp46, NKG2D, Perforin and Granzyme in the Behçet's Disease

## Behçet Hastalarında NKp30, NKp46, NKG2D, Perforin ve Granzim mRNA Ekspresyon Düzeyleri

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### Abstract

**Objective:** There are limited studies about NK cells that may have an immunoregulatory role in Behçet's Disease. NK cell receptor, *perforin* and *granzyme* mRNA expressions were analyzed in both active and inactive BD patients.

**Materials and Methods:** *NKp30*, *NKp46*, *NKG2D*, *perforin* and *granzyme* mRNA expression were analyzed in 42 patients with Behçet's disease and 14 controls by RT-PCR. CD3<sup>+</sup> T, and NK cell subsets were analyzed by flow cytometry.

**Results:** *NKp30*, *NKp46*, *NKG2D*, *perforin* and *granzyme* expression levels between patients and healthy subjects did not show any significant differences. However, a positive correlation was detected between CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup> NK cell frequencies and *NKG2D* and *NKp46* mRNA levels in active BD patients and between CD3<sup>+</sup> T cell frequencies and *NKp46* mRNA levels in inactive Behçet's patients.

**Conclusion:** Although, a significant difference does not exist between *NKp30*, *NKp46*, *NKG2D*, *perforin* and *granzyme* mRNA expressions, further functional studies are necessary to rule out the potential role of these molecules in the pathogenesis of Behçet's Disease.

**Keywords:** Behçet's Disease, NK cell, NK receptor, *NKp30*, *NKp46*, *NKG2D*, *perforin*, *granzyme*

### Öz

**Amaç:** Behçet Hastalığında (BD) Doğal Katil (NK) hücrelerinin immünregülatör etkisine yönelik sınırlı sayıda çalışma vardır. Bu çalışmada, aktif ve inaktif Behçet hastalarında *NKp30*, *NKp46*, *NKG2D*, *perforin* ve *granzim* mRNA ekspresyonları incelenmiştir.

**Gereç ve Yöntem:** Çalışmaya 42 Behçet hastası ve 14 sağlıklı kontrol dahil edildi. *NKp30*, *NKp46*, *NKG2D*, *perforin* ve *granzim* mRNA ekspresyon düzeyleri RT-PCR ile, CD3<sup>+</sup> T ve NK hücreleri akan hücre ölçer ile analiz edildi.

**Bulgular:** Hasta ve sağlıklı kontroller arasında *NKp30*, *NKp46*, *NKG2D*, *perforin* ve *granzim* mRNA ekspresyon düzeyleri açısından anlamlı bir fark saptanmadı. Aktif hastalarda CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup> NK hücre oranları ile *NKG2D* ve *NKp46* mRNA ekspresyon seviyeleri arasında, inaktif hastalarda ise CD3<sup>+</sup> T hücre oranları ile *NKp46* mRNA ekspresyonları arasında pozitif korelasyon saptandı.

**Sonuç:** *NKp30*, *NKp46*, *NKG2D*, *perforin* ve *granzim* mRNA ekspresyonları açısından anlamlı fark bulunmamakla birlikte bu moleküllerin Behçet patogenezindeki potansiyel rolünü dışlamak için daha fazla fonksiyonel çalışma gereklidir.

**Anahtar kelimeler:** Behçet Hastalığı, NK, NK reseptör, *NKp30*, *NKp46*, *NKG2D*, *perforin*, *granzim*

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## Introduction

Behçet's Disease that was first described by Hulusi Behçet in 1937, is seen more prevalently in silk road countries extending from Turkey to Korea and Japan.<sup>[1]</sup> Studies carried out by scientists working in our country and especially in our university have made significant contributions to the pathogenesis and clinic of the disease.<sup>[2,3]</sup> It is reported that genetic, environmental, and immunological factors play a role in the pathogenesis of Behçet's disease.<sup>[4]</sup> Mechanisms triggered by some common immunopathogenic pathways, especially through MHC-I alleles, are thought to have a role.<sup>[4,5]</sup>

Natural killer (NK) cells are derived from bone marrow and are the members of the innate immune system. NK cells target and kill infected cells with viruses or intracellular bacteria and cancer cells that try to escape from the immune system by not expressing MHC-I molecules.<sup>[6]</sup> NK cell display cytotoxic activity through perforin and granzyme molecules that induce target cell apoptosis. NK cells have also stimulating effect on other immune system cells through the secreting cytokines like interferon-gamma (IFN- $\gamma$ ), interleukin (IL)-17.<sup>[7,8]</sup> *NKp30*, *NKp44*, *NKp46* were first identified NK cell receptors (NCRs) during the human NK cell lysis experiments performed by Moretta et al.<sup>[9]</sup> After this discovery, NCR such as NKG2D and KIR receptor family were discovered.<sup>[10,11]</sup> These receptors are classified as activator receptors that increase NK cell function and inhibitory receptors that decrease NK cell function. *NKp30*, *NKp44*, *NKp46*, and NKG2D are activator receptors of NK cells and stimulated the cytotoxic function of NK cells and cytokine release.<sup>[9,12]</sup>

The role of NK cells has not been clarified in the pathogenesis of Behçet's disease.<sup>[4]</sup> In this study, mRNA levels of NCR and cytotoxic enzymes were analyzed in patients with Behçet's disease.

## Materials and Methods

### Patient Group

The study included 42 patients with Behçet's disease who were followed up in the outpatient clinics of Istanbul University, Istanbul Faculty of Medicine, Departments of Internal Diseases, Dermatology and Rheumatology.

Fourteen age and gender-matched healthy subjects that have no history of cancer or autoimmunity in themselves or their first-degree relatives, no infection at the time of the study were taken to the control group. The patients and healthy subjects who participated in the study signed the consent form of the Istanbul University Faculty of Medicine Clinical Research Ethics Committee.

### Analysis of T Lymphocytes and NK Cells by Flow Cytometry

The ratios of CD3<sup>+</sup> T, CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup>, and CD3<sup>-</sup>CD16<sup>-</sup>CD56<sup>bright</sup> NK cells were detected by the whole blood lysis method using anti-CD3 PE-CY7 (clone UCHL1), -CD16 APC-CY7 (clone B73.1) and -CD56 AlexaFluor700 (clone 5.1H1) monoclonal antibodies that were obtained from BioLegend firm (San Diego, Ca, USA). Following the incubation of peripheral blood samples (10<sup>6</sup> cells/ml) in the dark for 20 minutes with the appropriate amount of monoclonal antibody, lysing solution (2 ml, x1, BD-Bioscience, USA) was added to the samples and incubated for 20 minutes at room temperature. After lysis of erythrocytes, cells were washed twice with phosphate-buffered saline (PBS) solution at 1800 rpm for 5 minutes. Data were recorded with the flow cytometry FACSaria II (Becton-Dickinson, USA) and analyzes were made with Diva software (Becton-Dickinson, USA) In all samples, 30,000 cells were counted in the lymphocyte gate on the SSC / FSC graph. CD3<sup>+</sup> T, CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup> and CD3<sup>-</sup>CD16<sup>-</sup>CD56<sup>bright</sup> NK cell subsets were analyzed in the lymphocyte population of patients and healthy subjects.

### Quantitative Real - Time (Real-Time) Polymerase Chain Reaction (qRT-PCR)

Total RNA isolation was performed with the Trizol method from peripheral blood samples and, the amount of RNA in the samples was determined by the NanoDrop spectrophotometer. From the total RNA samples, cDNA was performed by the Transcriptor High Fidelity cDNA synthesis kit (Roche, Germany) according to the manufacturer's protocol. mRNA expressions of *NKp30*, *NKp46*, *NKG2D*, *perforin*, and *granzyme* were analyzed by the qRT-PCR method using (Real-Time) Ready Assay (Roche, Germany) sequences specific to gene regions and LightCycler Probe 480 Master mix (Roche, Germany) kit. In the normalization of *NKp30*, *NKp46*, *NKG2D*, *perforin*, and *granzyme* data, the GAPDH gene was used as a reference. The samples were rerun in duplicate and the expression levels were determined by the 2<sup>- $\Delta\Delta C_T$</sup>  method.<sup>[13]</sup>

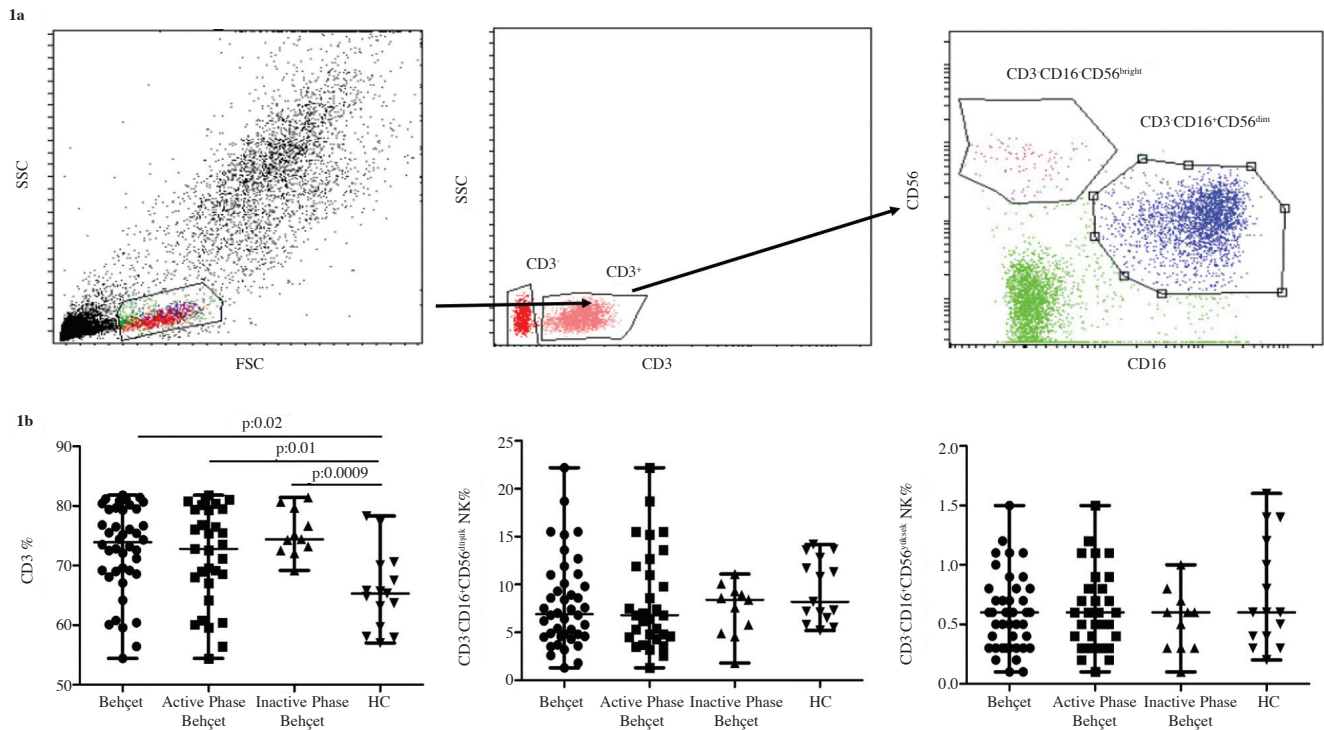
### Statistical Analysis

Nonparametric tests (Kruskall-Wallis, Mann-Whitney U) with the SPSS 21 program were used for analyses. Pearson's correlation test was used for the correlation analysis. A statistically significant difference was accepted as  $p \leq 0.05$ .

## Results

### Study Populations

A total of 42 patients with active or inactive Behçet's disease who were not under immunosuppressive therapy



**Figure 1.** Gating strategy of lymphocyte, T cell and NK cells (1a). Comparison of T (CD3<sup>+</sup>) and NK cell subsets (CD3-CD16<sup>+</sup>CD56<sup>dim</sup> NK and CD3-CD16-CD56<sup>bright</sup>) ratios between patients in active, and inactive stage Behçet's disease, and healthy controls (HCs) (1b).

and without comorbidity were included in our study. The clinical features of the cases are shown in Table 1. Mean age of 42 patients was 38 (19-60) (median, - (minimum-maximum)) [31 patients in the active phase with 37 (19-60) years, and 11 patients in the active phase with 38 (20-50) years]. None of the patients were receiving any medication (except two) and no infection was reported. Patients with more than one disease and infection were excluded due to the difficulty in evaluating disease activity. Fourteen volunteers with a mean age of 38 (20-54) years were included in the study as healthy controls.

### Expression of CD3<sup>+</sup> T Lymphocytes and NK Cell Subsets

Expression of T cells and NK cell subsets in peripheral blood samples of patients and healthy subjects were evaluated by flow cytometry. The lymphocyte gating strategy in the SSC/FSC graph is shown in Figure 1a.

CD3<sup>+</sup> T cell ratio ( $p=0.002$ ) was found significantly higher in lymphocyte population in patients with Behçet's disease compared to that of healthy subjects (Figure 1b, and Table 2). Similarly, CD3<sup>+</sup> T cell ratios of both active and inactive patients ( $p=0.01$  and  $p=0.0009$ , respectively) were found to be significantly higher than those of healthy controls. There was no difference in CD3-CD16<sup>+</sup>CD56<sup>dim</sup>

and CD3-CD16-CD56<sup>bright</sup> NK cell percentages of Behçet's patient groups and healthy subjects [p values for CD3-CD16<sup>+</sup>CD56<sup>dim</sup>:  $p>0.11$  (Behçet's),  $p>0.13$  (active phase Behçet) and  $p>0.22$  (inactive phase Behçet), and p values for CD3-CD16<sup>+</sup>CD56<sup>bright</sup>:  $p>0.34$  (Behçet's),  $p>0.31$  (active phase Behçet) and  $p>0.57$  (inactive phase Behçet)] (Figure 1b, Table 2).

### RT-PCR Analyses of mRNA Results

There were no differences in *NKp30*, *NKp46*, and *NKG2D* mRNA expressions of patients with active and inactive Behçet's disease and healthy subjects [p values for *NKp30*:  $p>0.65$ , and for *NKp46*:  $p>0.20$ , and for *NKG2D*:  $p>0.49$ ]. When the results were analyzed in active, and inactive patients, no significant difference was found between the two groups and healthy subjects [p values for *perforin*:  $p>0.69$  (Behçet's),  $p>0.37$  (active phase Behçet) and  $p>0.60$  (inactive phase Behçet), and p values for *granzyme*:  $p>0.80$  (Behçet's),  $p>0.74$  (active phase Behçet) and  $p>0.86$  (inactive phase Behçet)] (Figure 2).

When *perforin* and *granzyme* mRNA expressions were analyzed, no significant difference was found between patients in active or inactive phase of Behçet's disease and healthy controls ( $p>0.05$ ). When the relationship between CD3<sup>+</sup> T lymphocyte, CD3-CD16<sup>+</sup>CD56<sup>dim</sup> and CD3-CD16-CD56<sup>bright</sup> NK cell ratios and mRNA levels

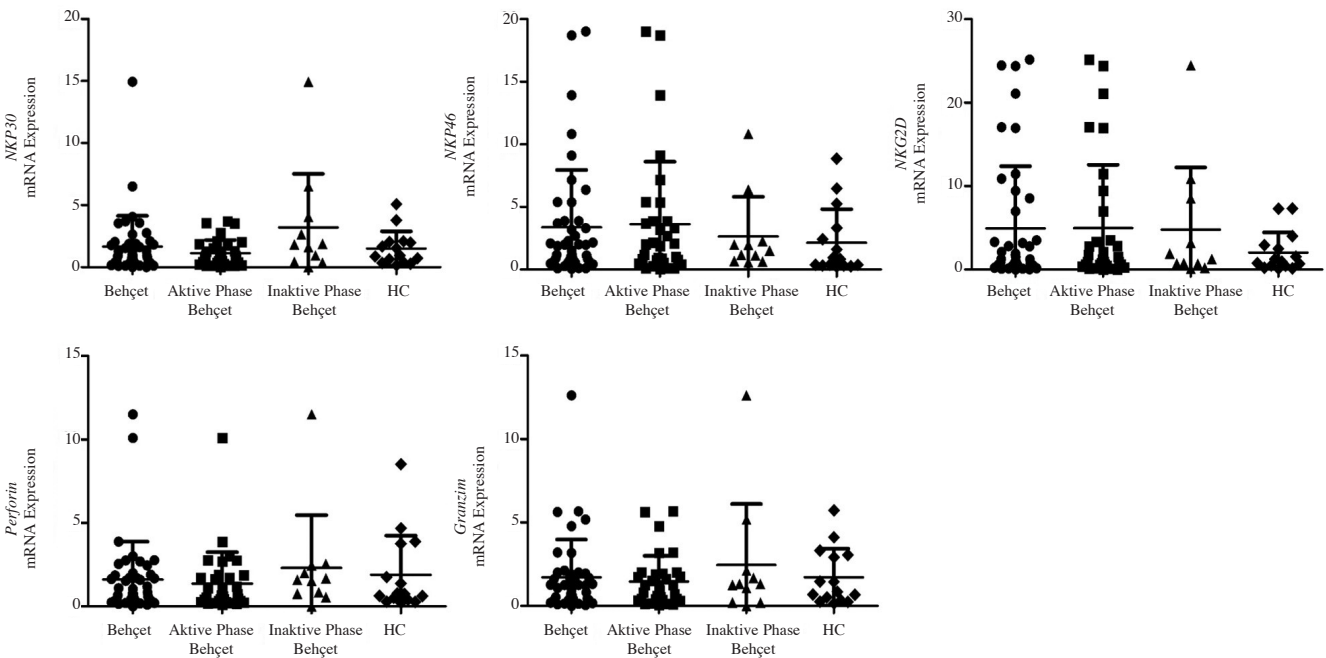
**Table 1.** Clinical and demographic characteristics of enrolled subjects.

	Patients with Behçet's Disease	Active phase	Inactive phase
<b>n (M/F)</b>	42 (22/20)	31 (16/15)	11 (6/5)
<b>Age (years)</b>	38 (19-60)	37 (19-60)	38 (20-50)
<b>Leukocytes (x10<sup>9</sup>/L)</b>	8.6 (4.3-10.8)	9.3 (5.5-10.8)	8.6 (4.3-8.9)
<b>Lymphocytes (x10<sup>9</sup>/L)</b>	2.7 (0.7-5.0)	2.8 (0.7-5.0)	2.5 (1.2-2.8)
<b>HLA-B51 (P/N)</b>	7/2	6/0	1/2
<b>Infection</b>	None	None	None

**Table 2.** Median (min-max) values of NK cell subgroups and CD3<sup>+</sup> T cell group in Behçet's patients and healthy controls.

	Patients with Behçet's Disease %Med. (min - max)	Patients in Active Phase of Behçet's Disease %Med. (min - max)	Patients in Inactive Phase of Behçet's Disease %Med. (min - max)	Healthy Subjects %Med. (min - max)
CD3 <sup>+</sup>	73.9 (54.4-81.8)	72.8 (54.4-81.8)	74.4 (69.2-81.4)	65.3 (57.0-78.3)
CD3 <sup>+</sup> CD16 <sup>+</sup> CD56 <sup>dim</sup>	6.9 (1.3-62.1)	6.8 (1.3-22.2)	8.4 (1.8-62.1)	8.2 (5.2-14.2)
CD3 <sup>+</sup> CD16 <sup>+</sup> CD56 <sup>bright</sup>	0.6 (0.1-1.5)	0.6 (0.1-1.5)	0.6 (0.1-1.0)	0.6 (0.2-1.6)

Med.: Median, Min.: Minimum, Max.: Maximum



**Figure 2.** Comparison of 2<sup>-ΔΔCT</sup> values of NKp30, NKp46, NKG2D, perforin and granzyme mRNA expressions among Behçet's patients, active-inactive phase Behçet's patients, and healthy subjects (HC)

were evaluated by correlation analysis; a positive correlation (p=0.05, R=0.342) was observed between NKG2D mRNA level and CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>bright</sup> NK cell ratios in patients in the active phase of Behçet's disease. In addition, a positive correlation was found between CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup> NK cell ratios and

NKG2D (p=0.05, R=0.342) and NKp46 mRNA (p=0.003, R=0.521) levels in patients with active Behçet's disease. Also, positive correlation was found between NKp46 mRNA levels and CD3<sup>+</sup> T cell ratio in patients with inactive Behçet's disease (p=0.04, R=0.623).

## Discussion

Many studies have focused on investigating the immunological and genetic relationship of Behçet's disease, but the pathogenesis of the disease is still not clear<sup>[3]</sup>. The relationship between HLA-B51 and Behçet's Disease is the strongest data indicating that genetic factors are involved in the pathogenesis of the disease.<sup>[4,14]</sup> Immune cells such as T lymphocytes, NK and NKT cells may have a role in the pathogenesis of Behçet's disease.<sup>[15]</sup>

NK cells secrete various cytokines and also affect the acquired immune response. There are activator and inhibitory receptors on the NK cell surface. Immunoglobulin-like receptors (KIR) and NKG2A receptors are inhibitory receptors, and when they are triggered, NK cells cannot perform their function and lysis of target cells is inhibited.<sup>[9]</sup> In contrast, signals from the activator receptors stimulate NK cell functions.<sup>[16,17]</sup> It is claimed that they may play a role in the pathogenesis of autoimmune diseases by affecting the acquired immune response.

A decrease in NK cell numbers and functional impairment have been shown in rheumatoid arthritis (RA), type 1 diabetes, systemic lupus erythematosus (SLE), multiple sclerosis (MS).<sup>[18]</sup> The findings showing that NK cell activities and numbers are correlated with disease development and remission status in MS-SLE, suggest that NK cells have a role in the pathogenesis of the disease.<sup>[19]</sup> Studies have shown that NK cells play a role in the pathogenesis of autoimmune diseases such as type 1 diabetes.<sup>[4,20,21]</sup> It has been demonstrated that *NKp46* null mice develop resistance to inducing type-1 diabetes by streptozocin. Also, the development of diabetes is restricted in mice whose *NKp46* protein is blocked with antibodies.<sup>[9,22]</sup> It has been shown that the NK cell ratio and *NKp30* expression were increased in the chronic autoimmune disease as Sjogren's syndrome.<sup>[23]</sup> Although the numbers of NK cells have been shown to increase in Behçet's disease patients, no change has been found in the proportions of cells expressing activator receptors.<sup>[24]</sup> The results of these studies have demonstrated that the number of NK cells (expressing the NK receptor) do not provide the clear information about NK receptor expression levels. Therefore, in our study, total RNAs were isolated from the whole blood of patients, and NK receptor mRNA expression in active and inactive Behçet's disease were analyzed by qRT-PCR. It was observed that *NKp30*, *NKp46*, and *NKG2D* mRNA levels were increased-though not statistically significantly- in Behçet's disease patients compared to healthy controls. These activator NK receptors can increase the cytotoxic function of NK cells. Similarly, it was observed that *perforin*, and *granzyme* mRNA levels did not change in patients with Behçet's disease.

While NK cell receptors such as *NKp30* and *NKp46* are

expressed at low levels in CD8<sup>+</sup>T and NKT cells; *perforin* and *granzyme* are expressed in CD8<sup>+</sup>T cells. In this study, mRNA levels were assessed in white blood cells. Studying NK receptors, *perforin*, and *granzyme* mRNA levels after NK cell isolation would have been more targeted. Our findings are consistent with other flow cytometry studies on NK receptors, *perforin*, and *granzyme* levels in patients with Behçet's disease.<sup>[22]</sup> Although it was not statistically significantly different, the elevated in *NKG2D* and *NKp46* mRNA levels were found to be correlated with the elevated number of CD3<sup>+</sup>CD16<sup>+</sup>CD56<sup>dim</sup> NK cells in patients in the active phase of Behçet's disease.

In conclusion, *NKp30*, *NKp46*, *NKG2D*, *perforin*, and *granzyme* mRNA expressions in peripheral blood mononuclear cells might not associated with the pathogenesis and inflammatory status of the disease. To define the role of NK cell activity in the pathogenesis of Behçet's disease, these data need to be validated with further functional studies.

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**Ethics Committee Approval:** Consent form was signed by all patients and healthy subjects (Istanbul University Faculty of Medicine Clinical Research Ethics Committee).

**Conflict of Interest:** The authors declare no conflict of interest to disclose.

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